#### STRATEGIES FOR TEACHING PROBLEM SOLVING SKILLS

### Z. Saparova <sup>1</sup>

## Abstract:

In today's dynamic and complex world, the ability to think critically and solve problems is indispensable. This abstract explores effective strategies for educators to cultivate critical thinking and problem-solving skills in students, empowering them to navigate challenges, make informed decisions, and succeed in various contexts. Critical thinking, the ability to analyze, evaluate, and synthesize information, is intertwined with problem-solving, the process of identifying and resolving obstacles to achieve desired outcomes. Both skills are essential for success in academic, professional, and everyday life.

*Key words:* critical thinking, resilient problem, creative thinking, indispensable, collaboration, ever-evolving

doi: https://doi.org/10.2024/03stvs44

Understanding Critical Thinking and Problem-Solving:

Critical thinking involves analyzing, synthesizing, and evaluating information to form reasoned judgments and make informed decisions. Problem-solving, on the other hand, is the process of identifying, analyzing, and resolving obstacles or challenges to achieve desired outcomes. Both skills are interconnected and essential for success in academic, professional, and everyday life.

Strategies for Teaching Critical Thinking and Problem-Solving:

- 1.Encourage Inquiry and Curiosity: Foster a culture of inquiry and curiosity in the classroom, encouraging students to ask questions, explore new ideas, and seek solutions to real-world problems.
- 2.Provide Authentic Learning Experiences: Engage students in authentic, real-world tasks and challenges that require critical thinking and problem-solving skills. Incorporate case studies, simulations, and project-based learning activities that mirror professional environments.
- 3.Promote Collaboration and Communication: Encourage collaborative learning experiences that promote teamwork, communication, and the exchange of diverse perspectives. Provide opportunities for students to work in groups, discuss solutions, and justify their reasoning.
- 4. Teach Metacognitive Strategies: Teach students metacognitive strategies, such as goal setting, planning, monitoring, and reflecting on their thinking processes. Help them develop awareness of their own thinking and learning strategies.
- 5.Integrate Technology and Tools: Integrate technology and digital tools that support critical thinking and problem-solving skills. Use online resources, interactive simulations, and data analysis tools to engage students in authentic problem-solving experiences.
- 6.Provide Scaffolding and Support: Offer scaffolding and support to guide students through the problem-solving process. Break down complex tasks into manageable steps,

<sup>&</sup>lt;sup>1</sup> Saparova Zarina, student of Samarkand State Institute of Foreign Languages

#### **International Conference**

ADVANCED METHODS OF ENSURING QUALITY OF EDUCATION: PROBLEMS AND SOLUTIONS

provide prompts or guiding questions, and offer feedback to help students overcome challenges.

7.Encourage Creative Thinking: Foster creative thinking by encouraging students to explore multiple perspectives, think outside the box, and generate innovative solutions to problems. Emphasize the importance of creativity, flexibility, and adaptability in problem-solving.

8. Emphasize Reflection and Evaluation: Encourage students to reflect on their problem-solving processes, evaluate their strategies, and identify areas for improvement. Help them develop a growth mindset that embraces challenges and sees failures as opportunities for learning.

In an era defined by rapid change and complexity, the cultivation of critical thinking and problem-solving skills is paramount. This summary encapsulates the essence of effective strategies for educators to foster these essential abilities in students, preparing them for success in various contexts.

Critical thinking, characterized by the analysis, evaluation, and synthesis of information, is intrinsically linked to problem-solving, the process of identifying and overcoming obstacles to achieve desired outcomes. Both skills are foundational for navigating the challenges of academia, professional endeavors, and daily life.

Key strategies for teaching critical thinking and problem-solving include fostering inquiry and curiosity, providing authentic learning experiences, promoting collaboration and communication, teaching metacognitive strategies, integrating technology, offering scaffolding and support, encouraging creative thinking, and emphasizing reflection and evaluation.

By implementing these strategies, educators create dynamic learning environments that empower students to become independent, resourceful, and resilient problem solvers. Through collaborative inquiry, hands-on experiences, and thoughtful reflection, students develop the skills and mindset necessary to thrive in an ever-evolving world. The cultivation of critical thinking and problem-solving skills requires deliberate and multifaceted approaches that prioritize inquiry, collaboration, and reflection. By equipping students with these essential competencies, educators prepare them to navigate complexity, embrace challenges, and contribute meaningfully to society.

# References:

- [1]. Akindikov N. Basic principles of teaching speaking using a communicative approach //Science and practice: a new level of integration in the modern world. 2019. C. 122-124.
- [2]. Brookhart, Susan M. How to Give Effective Feedback to Your Students. ASCD, 2008.
  - [3]. Ennis, Robert H. Critical Thinking. Prentice Hall, 1996.
- [4]. Facione, Peter A. Critical Thinking: What It Is and Why It Counts. Insight Assessment, 2015.
- [5]. Halpern, Diane F. Thought and Knowledge: An Introduction to Critical Thinking. Psychology Press, 2014.
- [6]. Mamatyusufovna A. U. Descriptive means of creating female characters in the works of gerbert bates //Journal of Positive School Psychology. 2022. C. 9295-9299.
- [7]. Paul, Richard, and Linda Elder. Critical Thinking: Tools for Taking Charge of Your Learning and Your Life. Pearson, 2013.

- [8]. Perkins, David N. Outsmarting IQ: The Emerging Science of Learnable Intelligence. Free Press, 1995.
- [9]. Sternberg, Robert J., and Richard K. Wagner. Practical Intelligence: Nature and Origins of Competence in the Everyday World. Cambridge University Press, 1986.
- [10]. Swartz, Robert J., and Linda Elder. Critical Thinking: A Beginner's Guide. Oneworld Publications, 2009.
- [11]. Willingham, Daniel T. Why Don't Students Like School?: A Cognitive Scientist Answers Questions About How the Mind Works and What It Means for the Classroom. Jossey-Bass, 2009.
- [12]. Zeidner, Moshe. Test Anxiety: The State of the Art. Springer Science & Business Media, 1998.