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THE CHARACTERISTICS AND EFFECTIVENESS OF LANGUAGE SUPPORT

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Annotation: Despite their obsession with language acquisition, language learners never stop needing assistance. In this situation, educators and facilitators ought to inspire people in numerous ways. The most successful language learners have a strong intrinsic motivation to study that was not imposed on them by others. A strong desire is a necessary component of success, regardless of whether they were born with it or found it by personal discovery.

Key words: language, learners, success, aspect, process, knowledge, study, grammar.

The strongest intrinsic sense that the most successful language learners possess of WHY they are learning. You can call this passion, purpose, inspiration, imagination, and even vision. While “heart” is definitely not the most tangible or objective aspect of language learning, it is absolutely necessary.

This is why grammar books are boring, and traditional schools don’t actually result in fluency for most learners. It’s hard work to learn a language, and even if you discipline yourself study your whole life, it’s long and painful learning when your heart is not in it. Despite what society conditions them to believe (“learning English is important for getting a good job”), in their hearts they are learning because they feel connected to the process, and a better job, a salary increase, travel, and international friends are an extra reward.

The most successful English learners take responsibility for their learning and develop the proactivity to take charge of their process. They don’t blame their circumstances (or other people), they aren’t satisfied with mediocrity, and they don’t let themselves get deceived by quick-fix solutions (quick and false solutions). If you

are NOT willing to learn, nobody can help you. If you are willing to learn, nobody can stop you. -anonymous

There are a lot of confusing messages out there. Programs and schools everywhere proclaim that they have the magic bullet (magic solution) that will change everything if you just sign up for their course or buy their product, as if a language were a computer chip in your brain. Such a marketing message sells, but it's not true and it ignores the real reason why people fail to learn: they trip over themselves!

While most people are happy to pay somebody else to take full responsibility for their results, a proactive language learner understands that success is a combination of important factors (teachers, resources, strategies, styles, etc), but whatever you do, it all comes back to you, what you do, and your ability to take responsibility for your learning.

Successful English learners are generally good at implementing strong and diligent daily habits, which in one form or another includes practice in their lives. Strong daily habits are a pretty simple formula for success, but surprisingly few people implement these in their lives. There are 2 important reasons for this:

The first and most important reason people have difficulty forming habits is a question of attitude. In other words, 90% of people fail to reach fluency because they haven't developed the above characteristics. The foundation of any good habit is first, to truly be inspired, and then to take responsibility for the results you create. These are two powerful characteristics that greatly facilitate the formation of new habits, and without them, no amount of good strategies will be of good use.

If you are truly passionate about your learning and are taking responsibility, there may be a secondary reason that requires a deeper understanding of habit formation. While this is a topic that demands a stronger and more detailed explanation (another article), here are 4 key ideas for successful habit formation: Resistance (internal and external): Understanding the internal and external obstacles that prevent habit formation helps you short circuit them and makes your process a lot easier.

Will power be a finite resource/ A muscle that gets tired: It's really tiring to form a new habit, but after 4-6 weeks it's gets a lot easier. Continuous small changes are sustainable and don't exhaust us.

It takes 4 to 6 weeks for a habit to become permanent: After 4 to 6 weeks, a habit becomes automatic and no longer requires much will power. After this time, we actually feel attracted to the new habit.

Good language learners know that the only way to learn anything worth learning is to risk embarrassment, to make mistakes, and to make lots of them. People won't

always understand you, people may even laugh at you, but successful language learners have the ability to be okay with this.

“Mistakes are the portal of discovery.” –James Joyce

When you learn a new language, you have to make yourself vulnerable, you have to error, and a good way to do this is to develop the courage to laugh at yourself. Don't take yourself so seriously. Accept that it is going to be embarrassing and awkward at first, but it's an important part of the process. These are your best learning opportunities.

The beauty of this is that learning to be okay with your imperfections will make you more confident and secure, as you will realize that your fears were illusions. If people laugh at you or criticize you in a negative way, it doesn't have to be your problem. You have to accept where you are in your process, and this is the only way to get fluent.

Like a child learning to walk, you need to FALL and get back up, to make the effort, and be okay with falling. It's to be expected. In fact, if you aren't making mistakes, you are doing something wrong. This will build courage, it will build confidence, it will quickly melt your fear away, and with good strategy, little by little it will build all of the skills you need to speak fluently.

False perfectionism is the alternative, and it is like kryptonite for your learning. The world is full of language learners who don't risk, who don't make themselves vulnerable, and who don't know how to laugh at themselves. The result is that they don't learn. They hide behind the idea that they are perfectionists, that they are waiting until they know enough English to speak it. They often get pretty good grades in school, but they don't understand that they haven't learned anything if they can't apply it.

Imagine a child who doesn't know how to walk saying, “I'm going to wait until I know how to walk perfectly before I walk.” That's the silly idea of perfectionism and it doesn't make any sense! Good language learners find people and communities who nurture their process. They know that we need people to share our journey with, so they reach out to other learners for friends, mentors, teachers, inspiration, and a place to practice. Being alone will feel lonely and uninspiring, and if you've never been around people who like learning languages, you probably don't know how fun it can be.

“If you want to go fast, go alone.

If you want to go far, go together.”

This is true for any walk of life, and it is definitely true for language learning. If you don't have effective people around you to support you in your process, it will be exponentially more difficult to succeed.

If you're an effective language learner, taking responsibility for your learning requires you to have a certain awareness of your learning process. Because you can't pass off total responsibility to another person, school, or program, you are going to have to observe your process and understand exactly how you learn best. There are very few schools that even pay attention to this, and those that do are never going to know you as well as you can know yourself.

This is a big reason why each language you learn gets easier. Let's imagine that you successfully learn English as a second language when you're in your late teens or early twenties, and now you would like to learn German. Because you have already consciously passed through the process of learning English, and you've tried out lots of strategies, you no longer need to waste your time on stuff that doesn't work.

Maybe you realize that studying grammar an hour every night doesn't work well for you because it's not interesting in your life, but you've also discovered that you prefer podcasts, music, and other auditory learning experiences. Some people learn better with grammar as their foundation, but you understand yourself well enough to know that it won't work best for you.

You can even say that the love for learning about other cultures is the main reason why some people travel. When you travel, you cultivate an entirely new way of being and looking at the world.

You give yourself new experiences, you have the chance to leave behind the limiting aspects of your native culture and embrace a new lens for the world.

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